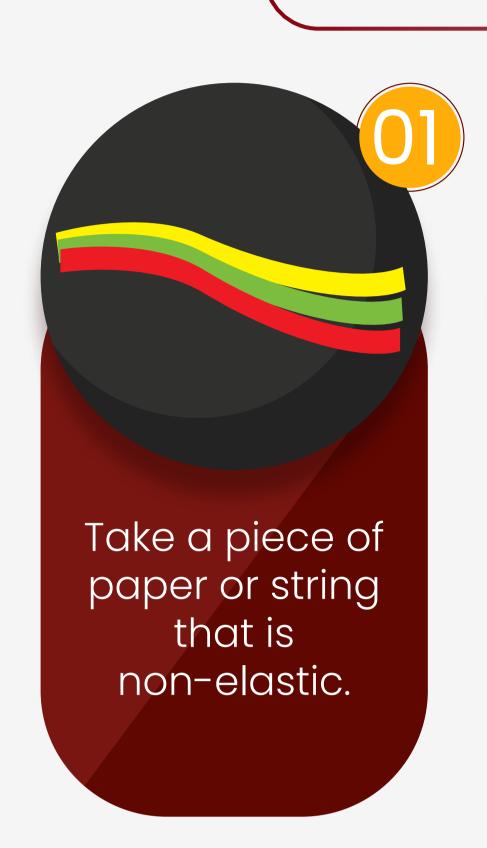
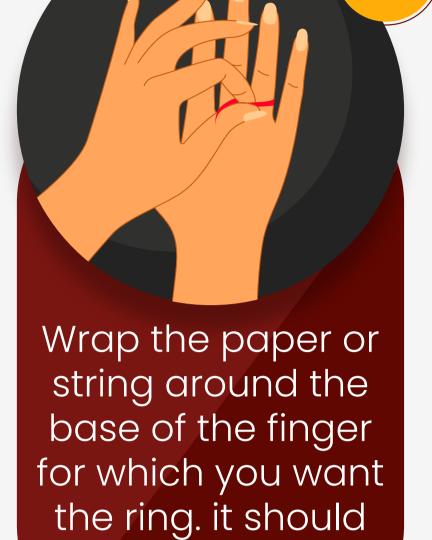


TECHNIQUE 01: WITHOUT YOUR EXISTING RING

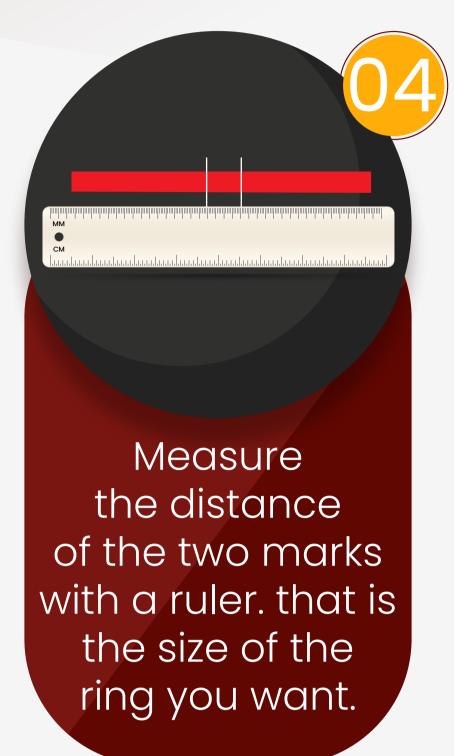




not fit too tightly

or be too loose.





USE THE CHART TO DETERMINE YOUR RING SIZE

HERE IS OUR SIZE CHART FOR RINGS, FIND WHICH ONE BEST FITS YOU.

INTERNAL RING DIAMETER	INTERNAL RING CIRCUMFERANCE	RING SIZE
14.6 mm	45.9 mm	6
15 mm	47.1 mm	7
15.3 mm	48.1 mm	8
15.6 mm	49 mm	9
16 mm	50 mm	10
16.2 mm	50.9 mm	11
16.5 mm	51.8 mm	12
16.8 mm	52.8 mm	13
17.2 mm	54 mm	14
17.4 mm	54.6 mm	15
17.8 mm	55.9 mm	16
18.1 mm	56.8 mm	17
18.5 mm	58.1 mm	18

TECHNIQUE 02: WITH YOUR EXISTING RING





MEASURE THE **INSIDE DIAMETER** OF THE RING IN MM. THAT IS THE RIGHT SIZE YOU ARE LOOKING FOR.

USE THE CHART TO DETERMINE YOUR RING SIZE

HERE IS OUR SIZE CHART FOR RINGS, FIND WHICH ONE BEST FITS YOU.

INTERNAL RING DIAMETER	INTERNAL RING CIRCUMFERANCE	RING SIZE
18.8 mm	59 mm	19
19.1 mm	60 mm	20
19.5 mm	61.2 mm	21
19.7 mm	61.9 mm	22
20 mm	62.8 mm	23
20.3 mm	63.8 mm	24
20.6 mm	64.7 mm	25
21 mm	66 mm	26
21.2 mm	66.6 mm	27
21.6 mm	67.9 mm	28
22 mm	69.1 mm	29
22.3 mm	70 mm	30